

St Peter's Nursery, Cloughreagh

November Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 5 th Nov	Spaghetti Bolognese Mashed potato Crusty bread Carrot & parsnip Flak meal biscuit Fresh fruit Savory mince	Savory mince Mashed potato Pasta & bread Beans Mixed vegetables Frozen yoghurt fruit Chicken curry & rice	Grilled fish fingers Mashed potato Pasta & bread Sweetcorn / coleslaw Cookie / fruit	Roast chicken Stuffing & gravy Roast / mashed potato Broccoli / carrots Jelly Fresh fruit salad	Grilled steak burger Chips/mashed potato Peas/coleslaw Ice cream tub Fresh fruit
Week Two 12 th Nov	Mashed potato / pasta Peas / carrots Breads Chocolate muffin Fresh fruit Brown beef stew	Mashed potato bread Beans / coleslaw Ice cream tub Fresh fruit Grilled fish fingers	Cottage pie Gravy Mashed potato/pasta Crusty bread Mixed vegetables Egg sponge Fresh fruit Savory mince	Roast chicken Stuffing & gravy Roast / mashed potato Carrot / broccoli Jelly & fruit Baked gammon	Cheese & tomato pizza Pepperoni Chips /mashed potato Salad bar Frozen yoghurt fruit Baked oven sausages
Week Three 19 th Nov	Mashed potato Pasta & bread Turnip / peas Shortbread Fresh fruit	Mashed potato/pasta Crusty bread Beans / carrots Frozen yoghurt / fruit	Mashed potato /pasta Carrot & parsnip Bread Chocolate muffin Fresh fruit	Stuffing & gravy Roast / mashed potato Carrots / broccoli Jelly & fruit	Chips/ mashed potato Peas / coleslaw Ice cream & fruit
Week Four 26 th Nov	Grilled steak burger Gravy Pasta & bread Mashed potato Carrots Cookie / fruit	Chicken nuggets Mashed potato Pasta & bread Beans / coleslaw Frozen & fruit	Savory mince Mashed potato Pasta & bread Carrots Egg sponge/fruit	Grilled fish fingers Mashed potato / pasta Breads Sweetcorn / peas Shortbread / fruit	Roast turkey & ham Cocktail sausages Stuffing & gravy Roast / mashed potato Brussel sprouts/carrots Ice cream tub / fruit

school food

Try something new today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or special diets, please contact the school in the first instance

